Budget Explanation

"Semper ad Meliora"

52nd Candidate Board

2026-2027

STUDY ASSOCIATION STRESS

1. Preface

For some years Study Association Stress has had equity higher than the amount agreed on with the faculty. Over the last year, the desire of the faculty has changed, to be focussed on the cash level as opposed to the equity level. The agreement now states that the cash level should be aimed to be lower than €60,000, compared with the desired equity level of €50,000. This means that we should aim for a deficit in our budget, as the 51st Board has left a cash position above this level.

As this cash position is rather hard to read at the regular moment of writing a policy for a candidate board, this is something we want to stipulate. In order to determine the needed deficit for the budget of the candidate board, an accurate note of the accounts receivable and the current cash position are needed and should be communicated to the candidate board as soon as possible.

In line with the experiences from the 51st Board, we set upper bounds for the budget posts. The upper bounds are stated between brackets, if they are applied to the respective post.

Contents

2. Administrative Costs

2.1. Board Costs €1,400

The board costs contain the expenses made by the board members, such as the travel expenses, the board pictures, and the dry-cleaning expenses for the suits. The 51th Board spent € 1400 on this post. We budget the Board Costs at € 1400 as we also have a six person board.

2.2. General Members Assembly €800

We put this budget at € 700 since this is about the actual spending of the 51th board + a bit extra as we cherish the positive expectation to attract more people to the GMA's.

2.3. Board Bestowal €1,400

The board bestowal costs contain the expenses made for the search for a new candidate board. Activities that are included in this budget are the board interest activities and the transfer weekend. This budget is put approximately at the realisation of the 51st board.

2.4. Constitution Drink €1,800

The Constitution Drink contains the expenses made for the Constitution Drink. With this budget we also cover dinner for the pedellen and our sister associations if they visit our CoBo. As the CoBo of the 51th board cost € 1,833.05, we'll keep this the same.

2.5. Contact Associations €400 (€700)

The costs for the contact with other associations contain the expenses to maintain the relationship with all the brother and sister associations of S.A. Stress. This includes the activities with Stichting Economisch en Bedrijfskundig Overleg (SEBO), Organisation of Study Associations (OS), and the other associations in Enschede. The budget is at the realisation of the 51st Board, as they only traveled to one external CoBo and went to the SEBO-BBQ, which are activities we will likely attend as well. If the opportunity arises, we would like to go to more events, hence, the upper bound.

2.6. Contact Advisory Bodies €900

The costs for contacting advisory bodies contain the expenses made to meet with the Association Council, the Audit Committee and the Council of Trust. As we highly value the advisory bodies and we will probably need them more than in other years, we chose to keep the budget at € 900.

3. Organisational Costs

3.1. Smartphone €50

The costs for the smartphone are the expenses made for the subscription of the smartphone, similar to the year of the 51st Board.

3.2. Promotion and Visibility €450

The costs for promotion and visibility are the expenses made for the promotion of events that do not belong to a specific committee and the promotion of Stress. This also includes the lunch/food platters at the committee markets. We might add some additional promotion for becoming active and helping us out during this year, so we increased this to € 450.

3.3. Office Supplies €1,400 (€2,000)

The costs for the office supplies contain all the expenses made for smaller investments like games but also for day-to-day items like garbage bags for the Stress Room. We decided to increase this budget to €1400 since we have some changes in mind for the Stress room, like updating the layout of the coffee corner and the pictures on the wall.

3.4. Representation €1,000 (€1500)

The representation costs contain the expenses made for representing Stress with its logo. We decreased this significantly since we still have a lot of merchandise from previous years.

3.5. Insurances €775 (€850)

The insurance costs contain the expenses made for the board liability insurance, the association liability insurance, and inventory insurance. Last year this cost € 775.25, but it will likely get increased, so we set the upper bound at € 850.

3.6. Bank Costs €1,800

The bank costs contain all the expenses made to have our bank accounts and transfer money. Last year it was € 1,800, so this year we expect around the same.

3.7. Coffee and Tea €3,600 (€4,000)

The costs for coffee and tea contain all the expenses made for the supply of the coffee corner. We increased this budget slightly in comparison to the old revised coffee and tea budget, due to the plans for refreshing our coffee machine and the forecasted increase in consumed coffee as a result.

3.8. Stress Snack System (SSS) €250 (€300)

The costs for the SSS contain the expenses made for products that are overdue, stolen or lost. We'll try and reduce waste this year, putting the budget around €250. The upper bound is set a bit higher as losses were a bit higher in the year of the 51st Board.

3.9. Subscriptions and Contributions €6,100 (€6,200)

The costs for subscriptions and contributions contain all the expenses made for the subscriptions and contributions of Stress. The costs of subscriptions are lower compared with the 51st board (€6,300.29), which is due to the discontinuation of the StressApp, which results in lower monthly costs for Congressus. The subscription for Railway is a minimum, and can be higher with more usage.

Subscription	**Annual cost (€)**	**Subscription**	**Annual cost (€)**
Spotify	128.88	Exact	1,453.00
Congressus	3,561.84	Zapier	211.00
OS	85.00	Flickr	71.99
Adobe Sign	240.00	Digidentity	40.95
Railway	60.00	Mailerlite	109.00
Hostinger Web Hosting	78.87		

Total = ~ €6100

3.10. Payment Terminals €0,-

The costs for the payment terminals contain the expenses made for the payment terminals of S.A. Stress. This should be € 0 since we now use SumUp, and there should also not be any leftover costs from the old terminals. The SumUp costs for transactions are included in the bank costs.

3.11. Board Clothing and dinner reimbursement €3,780

The board compensation costs contain the expenses made for the board suits (€ 400,- each), two clothing pieces per person for a maximum of € 40,00 per piece, and dinner reimbursement (€ 150 per person).

3.12. Postal Charges €100

The postal charges contain the expenses made for sending documents via the postal services. This will include sending constitution cards, as well as the invitations for the freshmen parents' day and the christmas cards.

3.13. Committee Clothing €3,200 (€3,500)

The cost for clothing contains the expenses made for committee clothing of all active members of S.A. Stress. It also includes the suit compensation of € 125,- per Stress Congress committee member. We keep this budget the same as we expect a similar number of active members as last year. The upper bound is set to accommodate a possible higher number of active members.

3.14. Education €800 (€1200)

The Education costs contain the expenses made for the Decentralised Educational Award, the BMS lunch lectures, the compensation for handing in summaries, and the study sessions. We plan on spending a bit less than the 51st board, as we are not planning on creating and printing new booklets for freshmen.

3.15. Almanac €800

The cost made for the Almanac will cover the expenses made for printing the Almanac. We kept this budget the same since there was no reason to change this.

3.16. Graduation Gifts €0,-

The costs for the graduation gifts will contain the expenses for the purchase and distribution of graduation gifts. The requirement for receiving a graduation gift is that you should have been active at Stress for at least one year, and are active while graduating.

3.17. ICT €200 (€500)

The ICT costs contain the expenses made for all ICT-related investments. We decreased this budget from last year, as we don't plan on doing any investments into ICT, so the budget is there for minor updates.

3.18. Statutory Update €250 (€500)

The aim is to ensure that Stress complies with the WBTR (Wet Bestuur en Toezicht Rechtspersonen) legal requirements. The budget is to be used for an appointment at the notary to officially take note of the changes.

4. Activity Costs

4.1. SportCie €1,500 (€2,250)

The budget for the SportCie contains the expenses made for sport activities, which includes the Batavierenrace, beach volleyball tournament and StAf tournament. Since we are not sure if we can continue with all the events, for now it consists mainly of the Batavierenrace.

4.2. StressTrip €2,000 (€2,500)

The budget for the StressTrip contains the expenses made for organising the trip to a foreign country within Europe. The event has been cancelled a few times, but some active members have already said they want to organize it.

4.3. Freshmen committee €800

The budget for the Freshmen Committee contains the expenses made for organising activities for and by freshmen. These include the Freshmen BBQ and the Parent's Day. Some small, cheap events might be organized aside from the main events. Therefore the budget is lower than last year.

4.4. MasterCie €800 (€1000)

The budget for the MasterCie covers the expenses made to organise events for the master students. We want to bind the master students more to Stress. We want the MasterCie to organise the Master Promotion Activity, which should be covered by approximately €300 of the budget.

4.5. Connection Dinner €500

The budget for the Connection Dinner contains the expenses made for organising an event to enhance the integration between international students (and non-internationals). We kept the budget around the same as last year.

4.6. ConnecCie €450

The budget for the ConnecCie contains the expenses made by the committee to organise events which will educate our members about different cultures. As we encourage inclusivity and incorporation of different cultures. The budget is

4.7. Active Members Appreciation €6,000

The budget for the Active Members Appreciation contains the expenses made to appreciate the effort of active members. This includes among others the AMA Training lunches, Sinternklaas, committee outings and the active members weekend. We expect to spend less than the 51st Board, thus the budget is €1000 lower than their actual post, supported by the fact that the board is less likely to participate in many committee outings.

4.8. Active members Training €250 (€350)

The budget for the Active Members Training contains the expenses made to organise a training for active members. We budget € 100 for the trainers, for thank-you-gifts. Which is around the actual spending of last year (€ 82.64)

4.9. Member initiative €1,000

The budget for the member initiative provides members and committees the possibility to organise extra activities. As we highly encourage member initiatives, we will do this by trying to let more people know that this is an option. We keep this the same as last year.

4.10. Stress Congress €3,000

The budget for the Stress Congress contains the expenses made for organising this event. Since this event has been very successful the last few years, we decided to keep the budget the same. Though the Congress might be a bit smaller, we think the budget should stay similar to allow the committee to explore nice possibilities from the start.

4.11. Events committee €3,500 (€4,000)

The Events Committee will organise the Christmas dinner, and some other events that are free to fill. Though the budget increased a lot last year, this budget is decreased to €3,500, as we do not plan to have a similarly extravagant dinner.

4.12. Quest €600

The Quest is an activity created for both students and staff. This budget is decreased to €600. As we think this budget should suffice to organise the event.

4.13. KIDS (Kick-in Delegation Stress) €7,500 (€8,500)

The budget for the KIDS committee contains the expenses made for organising the study related part of the Kick-in. We kept this budget at € 7,500 since we're not yet sure what the total cost will end up being.

4.14. Alumni Event €500

This budget contains the expenses made for organising alumni events. This budget is made based on the idea of doing alumni events in collaboration with Bekader.

4.15. Board participating activities costs €800 (€1,100)

The budget for the board activity costs contains the compensation for up to € 20,- per board member per activity. The budget is lower this year, since Gershom won't be able to attend most events and the rest of the part-time board will also have less time. The upper bound is set close to the realisation of the 51st Board.

4.16. ERO/Bartender appreciation €600 (€850)

This budget is, among other things, for the bartender refresher course where all former bartenders can refresh their bartending skills and the dinner compensation of € 7.50,- per ERO responsible/bartender per drink. We will remind people again to fill in the declaration forms. The Mobitap refresher course drink will also be taken from this budget. As well as the tapper outing. This budget is kept at the spending of last year.

4.17. Activities organized by the board €1,500 (€2,000)

The budget for “activities organised by the board” contains the expenses made to organise activities that are not organised by committees or member initiatives. We decreased this budget, since the board will likely not have enough time to organise a lot of events on their own.

4.18. PR Committee €500 (€750)

The budget for the PR Committee contains the expenses made by the PR Committee. This budget is kept at € 700.

4.19. PilsCie €500 (€1,000)

This budget is used for themed drinks organised by the PilsCie. The budget will be used for the Retrofest, Weizen Wednesday, Kingsnight drink and Gluhwein drink. The PilsCie did not spend all of the budget last year, so they'll have around the same as the spending of last year.

4.20. End of the year BBQ €700 (€1,000)

This budget contains the expenses made for organising the BBQ at the end of the year. It is decreased from last year, as we think we can save a bit of money by organising it more efficiently.

4.21. Winter Kick-In €100 (€300)

The budget for the Winter Kick-In will cover expenses made to organise the Kick-In for Master Students starting in the second half of the year. The goal is that more master students will attend events or even get active. Even though last year nothing was organised, we do cherish the positive expectation to have enough Master students to do something fun.

4.22. GalaCie €750 (€1000)

We plan on organising the prom this year together with Astatine and Dimensie. We expect that by keeping the budget at € 750, the other associations will match this budget.

4.23. Dies €2,500

The budget used to organise fun activities during our Dies (Birthday) on the 21st of May. We plan on increasing the spending in this activity. Our aim is to keep the dies similar since it was so well received. The only change we plan to make is having a big speaker at the Dies. Keeping costs low with a nice speaker is doable with the right approach.

4.24. WISCie €3,000 (€3,500)

The WISCie had the purpose of organising the after kick-in for first years. As a campsite could not be arranged, the weekend is to be filled with activities in and around campus. The budget is set at the expected spending for the events, at €3,000, with the upper bound at the original budget.

4.25. Stress Band €250

This budget is for the Stress band and the necessities to be part of the band. This consists of the student union card for all the band members which will be reimbursed at the end of the academic year.

5. Other Costs

5.1. Lustrum Reservation €2,000

The budget for the lustrum reservation contains the reservation for the eleventh lustrum in 2029. This is €2000 every year.

5.2. Depreciation €3,417

When an organisation buys an asset that exceeds 450 euros excluding VAT, it is obliged to depreciate this over a multi year period. See supporting schedules for the expected depreciation.

Depreciation	**Amount**	**Bought in which year?**	**Last depreciation**
Website	€1025	2021/2022	2026/2027
Study Spaces	€ 15,562.50	2025/2026	2030/2031
TV outside Stress room	495.04	2025/2026	2030/2031

5.3. Unforeseen result (current financial year) €250

This covers the unpaid costs of the current financial year.

5.4. Unforeseen result (last financial year) €250

This covers the unpaid costs of the last financial year. The unforeseen result currently consists of the fine of the late tax return. And this is put on the unforeseen result of last financial year.

6.Income

6.1. Contribution €14,600

This budget contains the revenues from the yearly contributions of members. This is based on the actual contribution of this year and taking in a small increase of members.

6.2. Promotion €15,000

The promotion incomes contain the income generated by the online promotion for companies. This is, for example, of posts on social media and promotion on the website. Looking at last year's results of € 14,492.02, we aim for an income of € 15,000.00.

6.3. Interest on savings €700

This is the interest we receive on our savings. Based on last year, this should be around €700.

6.4. Subsidy €30,718

Every year Stress receives a subsidy from the faculty BMS. The subsidy is determined by the number of students that are currently part of the association. In the year 2026-2027 we expect this to be € 30,718.

7. Organisational income

7.1. Career Activities €9,000

The Career activities are of five types: Lunch Lectures, Business Cases, Inhouse Days, Company Dinners and Informal Events. Taking the last year into account with € 11,226.77, we aim for an income of € 9,000.

7.2. Thesis market €1,000

This budget contains the income generated by company fees for the thesis market. The income is an expectation of 8-10 companies and including the spending we expect a profit of € 1,000.

7.3. MBasement €2,000

The MBasement incomes contain the incomes generated by renting out the MBasement. An example is the income of graduation drinks. Looking at the results of last year we estimate a surplus of € 2000.

7.4. Sponsoring deferred from last year €3,000

This budget post is for income originating from the previous year, which is the rest of the donation from the Kreiken family, being booked in our year.

8.Summary

Estimated

Expenses	€76,772
Income	€76,018
Equity Difference	-€754