

Stress — Activity Overview 2025 / 2026

Event	Date	Present	Attendance goal	Percentage of goal	Internationals	Percentage of internationals
Start of the Year Drink!	02/09/2025	40	25	160.00%	19	47.50%
Freshmen BBQ	03/09/2025	87	90	96.67%	48	55.17%
111th GMA	04/09/2025	26	51	50.98%	8	30.77%
CoBo 51st Board	08/09/2025	N/A				
Committee Market	11/09/2025	16	20	80.00%	7	43.75%
Freshmen Pooling	11/09/2025	36	40	90.00%	18	50.00%
How to Borrel Drink	12/09/2025	14	25	56.00%	3	21.43%
Beach Volleyball Tournament	15/09/2025	59	75	78.67%	23	38.98%
Voortman inhouse day	16/09/2025	24	23	104.35%	9	37.50%
Borrell Lezing Purge Energie	18/09/2025	30	35	85.71%	10	33.33%
Culture Dinner	22/09/2025	57	51	111.76%	34	59.65%
M5 SME / DA2 Panel meeting IBA	23/09/2025	2	N/A		2	100.00%
FlunkyBall	23/09/2025	14	40	35.00%	8	57.14%
Freshman Introduction Weekend	26/09/2025	49	51	96.08%	22	44.90%
Sushi Workshop	29/09/2025	35	25	140.00%	15	42.86%
Retrofest	01/10/2025	40	60	66.67%	17	42.50%
Lunch Lecture, Robin Radar Systems	03/10/2025	23	25	92.00%	9	39.13%
Stress goes Karting!	04/10/2025	14	20	70.00%	4	28.57%
M1 TOP Panel Meeting (IBA)	06/10/2025	16	N/A		12	75.00%
M5 Finance for Engineers Panel Meeting (IEM)	07/10/2025	4	N/A		2	50.00%
Borrell Lezing Shell	07/10/2025	43	35	122.86%	18	41.86%
M1 Introduction to IEM Panel Meeting	08/10/2025	1	N/A		1	100.00%
ThuAD - Octoberfest and Do-Group Tournament Reveal	09/10/2025	32	35	91.43%	14	43.75%
Movie Night!	21/10/2025	22	20	110.00%	10	45.45%
Study Evening Calculus 1A	22/10/2025	23	12	191.67%	11	47.83%
FriAD: Flugel Friday	24/10/2025	28	30	93.33%	10	35.71%
112th General Member's Assembly	28/10/2025	27	30	90.00%	8	29.63%

Event	Date	Present	Attendance goal	Percentage of goal	Internationals	Percentage of internationals
Active Members Game Night	28/10/2025	30	45	66.67%	11	36.67%
Study Evening Probability	04/11/2025	12	8	150.00%	5	41.67%
BMS Halloween Party	05/11/2025	24	60	40.00%	13	54.17%
FriAD: End of the Module Drink	07/11/2025	6	30	20.00%	3	50.00%
Lunch Lecture, Factor & Ros	12/11/2025	27	20	135.00%	11	40.74%
Thesis Market	18/11/2025	52	51	101.96%	18	34.62%
Twentsche Foodhallen	20/11/2025	58	60	96.67%	29	50.00%
FriAD: Wallstreet borrel	21/11/2025	18	35	51.43%	4	22.22%
Escalatie Bowlen	25/11/2025	43	30	143.33%	15	34.88%
Lunch Lecture, Moore MKW	26/11/2025	24	20	120.00%	13	54.17%
AMA: Development trainings	27/11/2025	28	60	46.67%	14	50.00%
100 year of Legacy in Business Leadership in Twente	28/11/2025	100	130	76.92%	30	30.00%
Advent calendar	01/12/2025	24	15	160.00%	6	25.00%
Sinterklaas	04/12/2025	49	60	81.67%	19	38.78%
Christmas Dinner	09/12/2025	94	120	78.33%	29	30.85%
Inhouseday, Harmeling	11/12/2025	15	20	75.00%	3	20.00%
Christmas Mug painting	11/12/2025	21	20	105.00%	16	76.19%
Stress goes to the Christmas market in Dortmund	13/12/2025	17	30	56.67%	11	64.71%
Inhouseday, Bearing Point	15/12/2025	17	15	113.33%	4	23.53%
Freshmen Casino Night	16/12/2025	31	25	124.00%	11	35.48%
Glühwein Start of the Year Drink	05/01/2026	24	25	96.00%	6	25.00%
Board Interest Lunch	08/01/2026	19	N/A		6	31.58%
Master Lunch	14/01/2026	24	25	96.00%	3	12.50%
Calculus 1B Study Evening	14/01/2026	9	8	112.50%	3	33.33%
Bekader New Year's drink with Faculty (HBE)	15/01/2026	5	7	71.43%	0	0.00%
Theme Reveal Drink, Stress Congress	20/01/2026	58	55	105.45%	19	32.76%
Lunch Lecture, Rijkswaterstaat	21/01/2026	30	25	120.00%	10	33.33%
Board Interest Pubquiz	26/01/2026	14	N/A		5	35.71%
End of the Module & Pre-Gala Meet-Up Drink	29/01/2026	8	25	32.00%	3	37.50%

Event	Date	Present	Attendance goal	Percentage of goal	Internationals	Percentage of internationals
Flower pot Painting	04/02/2026	32	30	106.67%	22	68.75%
Committee Market!	05/02/2026	8	20	40.00%	5	62.50%
Gala Dancing Workshop	05/02/2026	8	18	44.44%	3	37.50%
FriAD: Start of the Module Drink!	06/02/2026	9	25	36.00%	5	55.56%
Ice Skating!	09/02/2026	31	40	77.50%	15	48.39%
Overleaf Workshop	11/02/2026	16	12	133.33%	10	62.50%
Decentralized Education Awards	12/02/2026	3	N/A		1	33.33%
Gala Great Gatsbt Stress x Dimensie	13/02/2026	114	151	75.50%	39	34.21%
Board Interest speeddating	16/02/2026	36	N/A		13	36.11%
113th General Members Assembly	19/02/2026	29	30	96.67%	8	27.59%
FAIS Panel Meeting: MOD 3 IBA	02/03/2026	1	N/A		1	100.00%
Stress Congress	03/03/2026	252	230	109.57%	79	31.35%
FriAD - Stress Trip	06/03/2026	8	25	32.00%	6	75.00%
Padel and Tapas with SlimStock	09/03/2026	11	20	55.00%	4	36.36%
Freshmen: Sip and Paint	09/03/2026	22	25	88.00%	14	63.64%
Active Members Pubquiz	12/03/2026	35	55	63.64%	11	31.43%
Inhouseday VDL	17/03/2026	11	20	55.00%	7	63.64%
Centurion	17/03/2026	65	45	144.44%	7	10.77%
Lunch Lecture HoSt group	18/03/2026	19	20	95.00%	8	42.11%
Data analysis 1 Study Evening	18/03/2026	18	8	225.00%	13	72.22%
BMS Glow in the Dark Party	19/03/2026	16	30	53.33%	7	43.75%
Lunch Lecture Voortman	25/03/2026	18	25	72.00%	6	33.33%
ThuAD Triple Thursday	26/03/2026	14	30	46.67%	4	28.57%
Master Escape Room	01/04/2026	21	25	84.00%	4	19.05%
Board Interest Lunch	08/04/2026	8	N/A		4	50.00%
Geoguessr Tournament	09/04/2026	20	15	133.33%	8	40.00%
Easter Drink	10/04/2026	8	25	32.00%	2	25.00%
Shakeout Run	11/04/2026	Canceled	12			
Stress runs the (partial) Marathon of Enschede!	12/04/2026	20	18	111.11%	7	35.00%

Event	Date	Present	Attendance goal	Percentage of goal	Internationals	Percentage of internationals
Board Interest Drink	14/04/2026	12	N/A		5	41.67%
Moviepark	20/04/2026	39	36	108.33%	16	41.03%
Easter Egg Hunt	21/04/2026	Canceled	25			
Company Dinner at EuroDev	23/04/2026	12	15	80.00%	7	58.33%
Kingsnight Techno Drink!	25/04/2026	Canceled	35		1	
StAf Tournament	28/04/2026	45	40	112.50%	8	17.78%
Study Space Opening Ceremony	29/04/2026	16	20	80.00%	7	43.75%
IEM input session	30/04/2026	13	N/A		10	76.92%
Active Members Weekend 2026!	01/05/2026	50	70	71.43%	18	36.00%
Business Case Shell	06/05/2026	10	20	50.00%	4	40.00%
Batavierenrace with Stress 2026	08/05/2026	23	30	76.67%	8	34.78%
Ginza - All you can eat & Drink	11/05/2026	70	60	116.67%	32	45.71%
Treinborrel	12/05/2026	Canceled	35			
Lunch Lecture Thales	13/05/2026	33	25	132.00%	11	33.33%
Dinner at Sam Sam - 52nd Birthday of Stress!	21/05/2026	26	52	50.00%	7	26.92%
Prison Islands at NextLevel Enschede - 52nd Birthday of Stress!	21/05/2026	12	40	30.00%	4	33.33%
Network Drink	26/05/2026	54	51	105.88%	15	27.78%
52nd Candidate Board Intro Drink	27/05/2026	11	35	31.43%	3	27.27%
Study Tour to South Korea 2027 Information Session!	27/05/2026	14	18	77.78%	12	85.71%
Bike Training Ride with Klein Verzet	28/05/2026	Canceled	20		2	
Cocktail Workshop	28/05/2026	Canceled			22	
Champions League Final Borrel	30/05/2026	Canceled			5	
Parents Day	30/05/2026	25	40	62.50%	3	12.00%
Master Dinner at NOVI	01/06/2026	19	25	76.00%	3	15.79%
BeerMile	02/06/2026	Canceled	20			
Quest What.3.Words	03/06/2026	32	45	71.11%	14	43.75%
Sailing Weekend with Stress!	05/06/2026	35	30	116.67%	15	42.86%
Padel with NextGen!	09/06/2026	8	12	66.67%	1	12.50%
Chocolate workshop	10/06/2026	13	25	52.00%	8	61.54%

Event	Date	Present	Attendance goal	Percentage of goal	Internationals	Percentage of internationals
Inhouseday BDO	11/06/2026	Canceled	40		5	
ThuAD Triple Thursday II	11/06/2026	10	25	40.00%	1	10.00%
DELTA Ride for The Roses	14/06/2026	Canceled	10			
Cheese making workshop	15/06/2026	15	15	100.00%	10	66.67%
How to GMA?	16/06/2026	13	20	65.00%	7	53.85%
Megapark Mallorca Madness	16/06/2026	36	55	65.45%	9	25.00%
Eleven Beers Tour	18/06/2026	82	82	100.00%	17	20.73%
114th General Members Assembly (GMA)	22/06/2026	28	30	93.33%	9	32.14%
Weizen Wednesday	24/06/2026	31	45	68.89%	3	9.68%
Clay Pigeon Shooting	27/06/2026	17	20	85.00%	5	29.41%
End of the Year BBQ	01/07/2026	125	130	96.15%	26	20.80%