



Minutes 115th GMA

Thursday, 3 September, 2026
STUDY ASSOCIATION STRESS

Decisions

The following decisions were made during the 115th GMA of Study Association Stress:

- **General**
 - The minutes of the 114th GMA, held on Monday, 22 June 2026, are **approved**.
 - The purchase of a YuraXC4 and Necta Kometa are **approved**.
 - The statutes changes are **approved**.
- **Annual Report**
 - The annual report is **approved** by the GMA.
- **Financial Report**
 - The financial report is **approved** by the GMA.
- **Discharge**
 - The discharge of the 51st board is **approved** by the GMA.
- **Contribution Fee**
 - There are no changes to the contribution fee, this will remain at €8.50 and €4.25 respectively.
- **Policy plan of the Candidate Board**
 - The policy plan of the Candidate Board is **accepted** by the GMA with the proposed changes
 - * Provide a detailed reflection at the mid-year GMA about the use of the Standardised Policy.
 - * If time allows, the Active Member Appreciation drink will be moved to module 1.
 - * The goal of new followers on Instagram and LinkedIn will be increased.
- **Budget plan of the Candidate Board**
 - The budget plan of the Candidate Board is **accepted** with the proposed changes
 - * Upper bounds will be removed.
 - * The compensation for international students doing a board year (2025-2026) (Kirvy) will be added.
 - * The symposium budget (€1500) will be added.
 - * The EscalaCie budget (€800) will be added as well.
 - * New budgeted result of €5.655 deficit.
 - * The PartyCie will have a budget of €0.
 - * The Stress branded table of €350 will fall under the Representation post.
 - * The Freshmen committee will receive a budget of €1.000 and the MasterCie a budget of €600.
- **Charge**
 - **JS, SDB, GS, CJ, SB, SJ** are charged as the 52nd Board of Study Association Stress.
- **Appointment of the Audit Committee**
 - **RB, AH, LH, JO, MP, RH** are appointed to the Audit Committee.

Attendance List

Name	Initials	Function	Arrival	Departure
Lennard Köhne	LK	Secretary & PR 51st Board	18:51	00:51
Joost Peter Olivier Op 't Veld	JO	Treasurer 51st Board	18:51	00:51
Maud Punte	MP	Internal Affairs 51st Board	18:51	00:51
Tristan Jari Ettema	TE	External Affairs 51st Board	18:51	00:51
Kirvy Alexis Avila Arosemena	KA	Educational Affairs 51st Board	18:51	00:51
Ramon Groenewoud	RG	Chairman 49th Board	21:25	00:49
Tijn Jan Kooi	TK	Secretary & Internal Affairs 49th Board	18:49	00:49
Anne Hoogeveen	AH	Treasurer 49th Board	18:49	00:49
Karen Taselaar	KAT	Educational Affairs & Public Relations	20:49	22:49
Lex de Jager	LJ	Chairman 50th Board	18:50	00:50
Lennart Hendriksen	LH	Treasurer & PR 50th Board	18:50	00:50
Ivo Naastepad	IN	Internal Affairs & Educational Affairs 50th Board	18:50	00:50
Jurre Spruijt	JS	Chair 52nd Candidate Board	18:52	00:52
Sebastiaan David de Brouwer	SDB	Secretary 52nd Candidate Board	18:52	00:52
Gershon van der Sluis	GS	Treasurer 52nd Candidate Board	18:52	00:52
Camiel de Jager	CJ	Internal Affairs & PR 52nd Candidate Board	18:52	00:52
Sarah Burdett	SB	External Affairs 52nd Candidate Board	18:52	00:52
Siem Jacobs	SJ	Educational Affairs 52nd Candidate Board	18:52	00:52
Ariana Chu	AC		19:00	00:23
Charlie Van Nieuwland	CN		19:00	(00:52)
Cleo Ballon	CB		20:27	00:46
Emilly Verhoef	EV		19:08	(00:52)
Iris Maria Balotă	IB		21:44	00:47
Jasper Heinemann	JH		19:08	(00:52)
Khush Lalchandani	KL		19:07	(00:52)
Kiki van den Oever	KO		19:02	00:46
Krzysztof Tomczak	KT		19:02	(00:52)
Leonore Booiman	LB		19:07	(00:52)
Lonneke Nijenhuis	LN		19:02	00:46
Robbe Heusinkveld	RH		19:03	00:44
Wessel Roeten	WR		18:58	00:46
Ruth Slappendel	RS		20:15	00:46
Bastienne van den Heuvel	BH		20:49	00:49
Anna Molteni	AM		21:42	23:04

Endorsements

Name	Endorsed By
Lennart Hendriksen	Roel ten Broek
Sarah Burdett	Ismene Pinelopi Voulgaridi
Siem Jacobs	Ruvinya Weerakoon
Lex de Jager	Job Visscher
Wessel Roeten	Saule Liudvinaviciute
Krzysztof Tomczak	Luan Vermaak
Tristan Jari Ettema	Pepijn Rik Leonard Op 't Veld
Sebastiaan de Brouwer	Babette de Brouwer
Lennard Köhne	Nienke Hamster
Gershom van der Sluis	Wieneke Jansma
Lonneke Nijenhuis	Anna Molteni
Camiel de Jager	Stijn Dollenkamp
Kirvy Alexis Avila Arosemena	Sienna Pietersma
Jasper Heinemann	Natalia Bielecka
Maud Punte	Kris Savonije
Tijn Kooi	Kick Zijlstra
Ivo Naastepad	Stef Schrooten
Anne Hoogeveen	Iris Balotă
Charlie van Nieuwland	Nando Bink
Ariana Chu	Nele Hake
Jurre Spruijt	Mika Hoekstra
Khush Lalchandani	Martina Monclus
Joost Peter Olivier Op 't Veld	Sanne Rams

Agenda:

Agenda points: For Discussion (D), For Voting (V), To Inform (I), General Point (G)

Organisational Points

1. Opening G
2. Determining the Agenda G
3. Announcements G
4. Documents Received G
5. Approval Minutes of Previous GMAs V
 - a. 114th GMA, held on Monday, the 22nd of June 2026

Subjects for Debate:

6. Statement of the Audit Committee I
7. Coffee Machine Selection D,V
8. WBTR Statutes Changes D,V

Reports board 2025-2026

9. Annual Report I
10. Financial Report I
 - a. Budget Explanation I
 - b. Budget I
11. Activity Overview I
12. Question Round G
13. Discharge V

Plans board 2026-2027

14. Determining the Contribution Fee V
15. Policy plan D,V
16. Budget
 - a. Budget Explanation D,V
 - b. Budget D,V
17. Charge V
18. Appointment of the Audit Committee V

Closure

19. Question round G
20. Closure G

Minutes

1. Opening

[GMA opened at 19:26]

2. Determining the Agenda

Agenda is **approved**.

3. Announcements

LK mentions that Natalia Bielecka is absent due to personal circumstances. Therefore, he is chairing the GMA. Also, there has been a revised budget, budget explanation and balance sheet uploaded on the website.

JO mentions that Roel ten Broek, Job Visscher, Roy Koers and Anna Molteni are absent with notice.

4. Documents received

LK mentions that 3 letters have been received, namely

- Letter from the Audit Committee – Agenda Point 10
- Letter regarding the coffee machine selection – Agenda Point 7
- Letter regarding the WBTR statutes changes – Agenda Point 8

5. Approval of minutes of previous GMAs

5.1 Decisions

- The minutes of the 114th GMA, held on Monday, 22 June 2026 are **approved**.

6. Letter from the Audit Committee

LJ mentions that it is common to discuss the letter of the Audit Committee on the financial part. **LK** moves this discussion to the financial part.

7. Letter regarding the coffee machine selection

7.1 Decisions

- The purchase of a Yura XC4 & Necta Kometa are **approved**.

7.2 Additional Information

LK explains the perceived problem with the current coffee machine and introduces and clarifies the options proposed in the letter. **LK** mentions that there is a mistake in the slide. The extra costs per year for the new coffee machine versus the current machine is €372 instead of €342. **AH** asks what the plan is for the current machine. **LK** answers that the idea is to try to sell it. The selling price ranges from €500 to €800 given the limited market because of the required power supply. **IN** thanks Lennard for the thorough research into the coffee machine. **LK** proposes to move on and vote on the motion if we would like to replace the machine with 2 bean-to-cup machines.

LJ asks the GMA who is a coffee drinker and of those who likes to drink black coffee and who likes cappuccino. **LJ** mentions that we are already going to spend an additional €400 per year

in comparison with the current machine and wants to know what the extra costs are of adding the option of milk variations (such as cappuccino).

LK mentions that Jurre and he had a proposal to buy two machines: one machine that only serves black coffee, and another machine that also provides cappuccino. **LK** mentions that for this option, we pay an extra €450 in comparison with the current machine. **LJ** asks if it is correct that in that case you pay €80 more instead of only black coffee. **LK** mentions that this is correct but explains that you have more work because you need to buy more products and have more cleaning work. **AH** mentions that if the addition of cappuccino only costs €80 extra, she favours that. **JS** asks whether regarding the procurement of milk powder and cacao powder, if Lennard took a percentage of the total demand. **LK** mentions that he thinks this is not included, because the price of milk powder is on the same level as coffee. So even if we now assume you drink cappuccino, you drink less coffee, because half of the coffee is replaced with milk.

LK asks to show hands who is in favour of black coffee only.

IN says if it is only €80 extra for cappuccino, he favours that option. **AH** mentions that there were quite a few people who liked cappuccino. She mentions that if the extra costs in comparison with black coffee only is only €80 a year, she favours that. **LK** agrees.

CJ asks if it is correct that selecting the option of not only black coffee results in an additional €800 from the start. **LK** mentions that this is over 5 years.

IN mentions that it is not €800 more, but €400 more. **LK** and **JO** explain that the €400 extra is only for the machine that serves cappuccino.

LK proposes to vote on the option to change to the option of one black coffee machine and one full option machine. **LK** asks if the GMA requires a vote. **LK** **approves** the coffee proposal to buy a Yura X4C and a Necta Kometa.

8. Letter regarding the WBTR statutes changes

LJ mentions that there were no attendees at the Q&A Statutory Changes WBTR.

He explains that the changes are made to comply with the Dutch law and to update the statutes. **LJ** proposes to vote on the approval of these changes.

LK mentions that with 45 votes in favour, 1 blank vote the changes to the statutes are **approved**.

9. Annual Report

3. Educational Affairs

3.1 Summary Database

AH mentions that in Table 1, it should be "the number of visits".

4. Internal Affairs

4.1 Committees

4.1.1 KIDS

AH asks if there is already a reflection about how KIDS went this year. **KA** answers that he and Sebastiaan already discussed planning a meeting together with the committee to reflect on how KIDS went this year and mentions that Sebastiaan took notes of improvements for next year.

KA adds that overall, the Kick-In was successful based on the vibes during the Kick-In and the interest of first years to become a member of Stress. **SDB** mentions that the new members gained after the Kick-In indicate that it was successful.

4.1.2 WISCie

LJ asks how the board looks back on the promotion of the first-year intro weekend during the Kick-In. **KA** mentions that the initial promotion at T.C. Ludica was not a big success. He thinks

that the biggest promotion point comes at the Freshman BBQ where the committee together with the board can speak with all the freshmen and gain the most sign-ups.

KA advises the next committee to figure out what the most effective way is to promote the intro weekend during the Kick-In, as last year, the promotion during the Kick-In was not effective.

LN mentions that the committee tried to promote the weekend during the Kick-In, but states that the first-years are overwhelmed by a lot of new things.

LJ asks if the timing of the event is still correct, or whether this should be adjusted given the last few editions were not smooth.

KA explains that other than Module 1 there is no correct moment as after that friend groups are formed, a sense of togetherness among first-years are already formed. **TE** states that if the goal is to bind first years to Stress it must happen in Module 1. If it is just a fun weekend it can be later as well.

LJ wonders whether the problem of low attendance is structural or coincidence.

TK asks, given that the intro weekend takes place on campus, what ideas they have to ensure that it does not repeat the Kick-In. **KA** mentions that some elements are the same, but that also other activities are organized like a dropping and a tandem bike tour.

4.1.8 StressTrip

LJ proposes to organize a StressTrip every year, instead of the three-year plan and if there is interest, organize a sailing weekend next to it instead of replacing it.

5. Public Relations

5.4 Stress Aftermovies

LJ asks whether the board recommends that the Candidate Board continue to make after movies given the new setup of the PR committee and asks if it adds value or not. **LK** mentions that it adds value, but that it is a lot of work and depends on the interest from the MediaCie to make these videos. **JO** mentions that at the committee market there was interest in making videos of events (such as Instagram Reels).

6. External Affairs

6.3 Stress Congress

LJ is curious how many companies there are already arranged for next year. **TE** mentions that there is already interest from companies but has no exact number.

JS asks about how the collaboration was with Saxion. **TE** says the collaboration was okay, but does not recommend repeating it in future editions.

8. Alumni Relations

8.1 Bekader

LJ mentions that the “Borrelboot” was very nice. He asks if it is the idea or advice that Bekader is organising those events and Stress attends or also the other way around?

TE suggests organising combined events but not surely in what way.

LJ advises the 52nd board to make clear agreements for events together with Bekader and work more efficiently.

9. ICT

9.1 Pils Payment Process (PPP)

LH Asks whether Claude credits are used. **LK** says this is the case and mentions that from now on no more coins can be bought and that the PPP or the SumUp will be used. **LK** states that coins can still be redeemed unlimited.

LH asks how long it will take to recover the costs of the Claude credits and the Android phone. **LK** mentions it is not for the money but for insight.

AH says that the point Lennart is trying to make is that more than €300 have been spent on the PPP, Claude credits and a phone.

LK mentions that PPP and SSS are one system. SSS broke down, so we needed a new one. We built a new one. **AH** says the costs were not communicated to the GMA. It was nicer if it was more transparent. **LK** mentions it came out of nowhere, so they needed to make it. **AH** asks about more transparency about buying a new phone and using Stress money to buy Claude credits.

TK asks if it could be an option to solve the SSS and do the PPP later. **LK** answers that this was an option. **LK** admits that they could have been more transparent about the phone.

9.4 Stress Snack System

LJ asks if the new system will help prevent products from going overdue. **LK** answers that this is not included yet but that this was caused by not being very smart with stock.

LK Approves the annual report of the board with the proposed changes.

10. Financial Report 2025-2026

10.1 Decisions

-The Financial Report is **approved**.

-The balance sheet is **approved** with the proposed changes.

10.2 Additional information

JO mentions that revised financial documents have been uploaded on the website because of small changes that have been made. He explains that in the file named “Balance_Sheet_FY2026_RE-VISED” numbers in RED are numbers that have been changed. This was done because one invoice needed to be sent, one invoice needed to be processed and one typing error was made which led to these changes. The new result is a loss of €158 instead of €1208.

LJ asks for a 10 min break to look at these changes.

LK reopens the GMA and gives the word to Lex de Jager.

LJ mentions that the revised balance sheet contains a big change in the taxes receivables. In the original balance sheet, it looks like Stress would receive 16k from the tax office. This number is incorrect and was caused by a mistake in Exact which is known and will be solved. This mistake had already been present for three years. This will again be discussed at the mid-year GMA.

LJ proposes to not look at the changes of the financial report. He and Gershom will look at solving the problems with the taxes receivables.

Budget Explanation

1. Preface

1.1 Equity

LJ says that the minutes of the last GMA state that in the preface there will also be a cashflow overview. You mention numbers, but I would rather have in the preface the number we give to Werner and whether we are on track. **JO** as in? **LJ** says that the report says the bank account balance is €56.092,4 and I believe we also have some other stuff that adds before you have the liquid position right? **JO** says that currently, how it is now mentioned in the agreement we have with the faculty is to look at our bank account balance and it should be below €60.000. And what we send for the lump sum talks is the balance, and on the balance it is split up between our savings account and payment account. The sum of those amounts is what they look at, or where

they should look at according to our agreement. He now indeed wrote down the current balance of the bank account. **LJ** says that on the balance sheet it is €56.092,4 but that doesn't matter. He would like to see this in a table from year to year. **JO** mentions that this is what he thought as well, but he thinks that adding previous years doesn't add value. He thinks that making a table for one number is not so relevant. **LJ** asks that this be made clearer in the future, this maybe the section Werner reads, and this is the number he will look at. **JO** asks if Lex means to create a table like the equity decrease year over year that number being the number on the balance sheet. **LJ** says something like that. He thinks it is nice to have a clear overview whether we are adhering to the agreement. **RH** asks why it should be below €60k and asks how Stress came up with this number? **JO** explains that the previous agreement we had with the faculty is that the equity should go below €50k. So we try to get as much out of them as possible. This is what we aim for as this is a reasonable number. And we wanted to change this from equity to liquid assets because now we have the study spaces, which is quite a big part of our equity. **RH** understands this part, but asks why it is €60k and not €70k, or €80k. **JO** explains that because we now have €50k roughly each year and we saw that after Congress the bank account was not empty, but dipping, so according to us this is a safe number between the €50k and the €60k to not go into debt. **RH** proposes to show a chart with the balance of the bank account over the year to explain why it is €60k. **JO** thinks this not add value. **RH** thinks it gives more insight. **LJ** invites Robbe to join the Audit Committee for more insight.

1.2 Upper Bound

AH mentions that according to the explanation, the upper bound is not the right solution to get closer to the equity decrease. She asks how the GMA reflects on this upper bound. **GS** proposes to remove the upper bounds, as committees going over budget are not perceived to be a big problem if they can justify this. **LJ** mentions that the problem they try to solve is that committees are not spending their budget. Another solution was getting a bigger deficit then we were aiming for. **JO** mentions that upper bounds cause confusion in committees and wants to remove the upper bounds.

LJ explains that the idea of the upper bounds was that the GMA has control of where Stress goes over budget. **GS** mentions that board representatives should inform committees that budgets are more a guideline, and not a real target.

LJ thinks that the budget explanation for the Candidate Board will change as well.

2. Administrative Costs

2.5 Contact Associations

LH asks the board to reflect on why actual spending was lower than estimated. **JO** explains that the OS BBQ was cancelled, as well as a mid-year activity with the SEBO and less people joined the SEBO activity at the end of the year.

3. Organisational Costs

3.1 Smartphone

AH mentions that the purchase of a new phone is not reflected in the explanation.

3.4 Representation

AH asks about the plan to buy a Stress-branded table for in the Mbasement. She asks whose plan this is and if they made a reservation for the next board. **JO** mentions that this is the plan of the PilsCie. **LH** asks whether this falls under the remodelling Mbasement post. **JO** mentions that it was discussed that as the table has the Stress logo, it falls under representation. No reservation has been made for this. **AH** asks whether this was communicated to the candidate board. **GS** answers that he was not aware of this. **AH** mentions that this will be discussed at representation of the Candidate Board.

LJ advises the next board to, if they would need to buy new mugs, that he favours spending more money and having different committees/names on them rather than having 88 mugs which are the same.

3.8 Stress Snack System

LH asks if the board can reflect more on how Stress lost €440 on the snack system. **AH** adds that this was caused by a large amount of stock. **LH** asks the board how to advise the candidate board to prevent this high cost. **JO** advises buying less in bulk.

3.13 Committee Clothing

SDB mentions that in the boekenhok (a storage room in Ravelijn) a lot of committee clothing was left over/uncollected and asks the board how to prevent this? **LK** answers that he thinks that this is hard to prevent. **RH** mentions that he heard from multiple people that they were not aware that the committee clothing was ready. **JO** mentions that the board has communicated this during committee meetings. **RH** proposes to send a general message in the active members groups chat when committee clothing is ready to be picked up. **LH** proposes to donate uncollected committee clothing to a charity.

4. Activity costs

4.1 SportCie

LH asks if the spending of the almost 2.8k was all on the Bata, football competition, ice skating and staff tournament? **JO** mentions that the Bata was very expensive. **AH** asks how much of the budget was spent on the Bata. **JO** estimates that this was roughly €2000. **LJ** asks if it is correct that the board spends €80 per person on the Bata. **LH** thinks this number is more. **JO** says that 25 people joined. **LJ** mentions that for next year the price needs to be higher as a maximum of €50 of Stress budget may be allocated per person. **IN** thinks that increasing the participant fee will result in less sign ups as it will be more expensive. **LJ** thinks that spending €80 of Stress money on the Bata is not worth it. **RS** asks if the Bata bbq that was held with other associations is included in this post. **JO** answers that this is the case, and that these associations have received an invoice. **TK** mentions that together with N.T.B. he took part in the Bata as well and did it for roughly 1.5k. **TE** adds that they organised a Bata predrink, and a pre dinner. **TK** advises to not organize that anymore in future editions if this leads to high costs and focus more on the Bata tournament.

LH advises the Candidate Board to look thoroughly into the budget for next year and where cuts in the costs can be made. **AH** adds that €80 of Stress funding per person is not in compliance with the regulation of €50 of Stress budget per person.

4.8 Active Member Appreciation

LH asks about the payment for the location. **JO** answers that this was an error in writing and that the payment of the location has been made.

LJ asks the board to reflect on the spending on the AMA. **JO** explains that they spend the remaining money from this post on active member gifts. However, after ordering these gifts they received an invoice from the Spar for sandwiches of the Active member weekend which resulted in an increase in the spending. **AH** asks why the board went over budget although they mention having spent the remaining budget. **JO** explains that at that time the invoice for the location still had to come, and therefore they made an estimation for this.

4.13 Events committee

LH says that “almost exactly on budget” is quite a creative way of looking at it when being almost €500 over budget. **JO** will look into this.

4.15 KIDS (Kick-In Delegation Stress)

LH asks if the actual spending is representative of what the committee is going to spend this year and why this is so much lower than estimated. **JO** explains that they received a lower invoice than anticipated.

KA thinks that the actual spending of KIDS this year will not change much and explains that 178 participants registered, but because of no shows we have less costs and expects the actual costs to be around €7.000, but not all invoices are yet received.

4.16 Alumni Event

AH asks if the Borrelboot with Bekader was completely free. **JO** answers that they haven't received an invoice yet. **TE** adds that they agreed with Bekader that Stress would compensate the costs of the students. **AH** advises the board to contact Bekader about not receiving the invoice to keep the relationship good.

4.22 PR Committee

LH asks if there can be a reflection on the success of the sales of the socks and shot glasses and how many have been sold. **JO** answers that 15 shot glasses have been sold, and 20 pairs of socks.

LH asks how many socks and shot glasses were bought. **JO** says that they bought 100 pairs of socks and 72 shot glasses.

4.29 Drink Costs

LH asks how you can make a €775 profit on this post and if the coin price was too high? **JO** says that indeed the coin price was too high and that the PilsCie is looking into the coin prices. **RG** advises the board to evaluate together with the PilsCie the actual result of this post throughout the year to prevent having such a profit. **JO** adds that this post fluctuates a lot throughout the year as SBZ is sending invoices irregularly. And the same applies with income. **RH** asks if we have insight into whether a drink is profitable or not. **RG** says that since the introduction of the PPP this is possible.

4.33 WISCie

LH asks which budget error is of size €1.200 **JO** says that the VAT was not calculated.

4.37 SailCie

AH asks why the board went over budget because of groceries which results in spending €66 per person. That is more than the €50 rule. And asks why they didn't raise the contribution fee. **JO** says that they promised that the trip would be a maximum of €75. **LJ** calls it on a communication error between the committee and board members. **AH** asks how to prevent exceeding the €50-per-person limit agreed on by Stress? **RG** asks if the budget was too tight, and prefers to ask more beforehand and if possible, invoice a lower amount. **JO** believes the budget was well made. The communication error was that it was communicated to the participants that costs of groceries were included as well, which was not budgeted for.

11. Activity overview

No comments.

12. Question round

RB 48, **LH** care babies, **RG** 49, **LJ** 50, **IN** Climbing hills,

13. Discharge

13.1 Decisions

The discharge of the 51st board is **approved** by the GMA.

JS reopens the GMA and proposes to appoint himself to chair the remainder of the GMA.

GMA approves this.

14. Determining the Contribution Fee

JS proposes to determine the contribution fee for primary members at €8.50 and for secondary members at €4.25, honorary members and staff members pay no contribution fee.

This remains the same as last year.

The GMA approves this.

15. Policy plan Candidate Board

15.1 Decisions

- The Policy plan of the 52nd Candidate board is **approved**.

0. Use of Standardised Policy

JS introduces the discussion of the policy plan of the Candidate Board.

LJ says nice policy, the first use of the standardised policy and asks for a detailed reflection and update to be presented at the the mid-year GMA and to include the use of the standardised policy and if it was useful or not, and if the Candidate Board advises using this next year.

JS says that it was useful, however there is still room for improvement. Mainly because the set-up of the standardised policy does not match with the set-up of a policy that is used until now and advises future candidate boards to keep using this.

4 Internal Affairs

4.3 KPIs from Standardised Policy

AH asks about the activities organised in module 2 and mentions that there is no drink organised in module 1. She proposes to organise the appreciation drink in module 1 instead of module 2. **CJ** agrees with this. If time allows, it will be moved to module 1.

MP asks if the appreciation drink is a regular drink, if so it is not much work to organize. **CJ** says that promotion wise it is a lot of work. The exact set-up of the drink is to be determined. There is no theme yet.

JO asks if the board could clarify the content of the workshop week.

CJ answers that in the 5th week of the first module during each break a workshop will be organized. This replaces the training in the evenings. Because it is considered as an easier way to encourage first-years into going to a workshop. We see value in teaching first-years the basics of committee work. This is a try-out.

4.6 Weekly BMS drinks

LJ welcomes more drinks, and is always in favour. Asks for a reflection, about how to divide costs, if there are plans to propose. **CJ** wants to propose to Dimensie that Stress takes the risk if there is money needed. There is no plan yet. The goal would be that beer prices are the same, a joint pool of bartenders would be set-up to get the drinks covered. The feasibility of this is still unknown. Depends on the involvement of their board.

LJ favours that Stress is doing the financial organisation of the drinks and that Dimensie pays the bill if possible.

LK asks whether a target has been set for attendance at the drinks.

CJ has not yet set a firm target, as long as it is “gezellig”. He thinks that less than 20 people at an average drink would be a failure. Success would mean 40 people attending an average drink.

JO asks what they will do after the evaluation. **CJ** says that together with Dimensie they will determine whether to proceed with it or not.

RH asks if it is the intention to also attract first-year students to the drinks, instead of the standard attendees and asks whether there is a plan. **CJ** wants to turn the first-years into standard drinkers, there is no plan. He wants to organize a first-year activity/drink.

RH asks about if there is a plan to continue the drinks during exam weeks. **CJ** thinks that it is no problem if there are less attendees during the exam weeks.

5 Public Relations

5.1 Changes Standardised Policy

KA asks why there is no first-year group chat created for both studies, created and managed by Stress which can be used for e.g. study sessions. **CJ** says that in the past year-group chats for studies have not been created by Stress. And by adding them to the community they would feel as official Stress group chats, and thus be responsible for Stress. He encourages the existence of such a groupchat for every year but not owned and controlled by Stress.

JO asks if such a group chat has already been made for the first year. **SJ** says that according to his knowledge one has been created for IEM, not for IBA.

5.2 KPIs from Standardised Policy

LK asks how the goal of 15% increase in Instagram engagement is reached. **CJ** says there is no plan, will discuss this later with the PR committee. **LK** adds that he perceives 30 new followers on Instagram and LinkedIn is very low given the number of first years. **CJ** will look into this.

5.3 Difficulty with Promotion.

LJ asks about the plan to organise monthly meetings with the chairs of committees to make plans for the next modules and asks whether this replaces the regular poster and location requests or is in addition to them. **CJ** says this is in addition. Feedback from former boards says that these forms were not always filled in correctly. The goal is to fill these forms in at those meetings. **LJ** wants to add the possibility to provide multiple days for the events. If someone gives three options this can help with the planning of events. **CJ** says that he will look into how these meetings will work out. The goal is that these meetings are mandatory if you want to plan an event. If attendance at these meetings is low, providing multiple days might be an option.

6. External affairs

AH mentions that Mika is missing some goals about the attendance of events. What are the goals and asks if there is a plan to make sure these events are attended well.

SB mentions that only for big events like the Stress congress, thesis market she has goals. She hopes that the External Affairs and PR committees will help promote.

KT wants to add that currently the Career events community is the largest group chat in the Stress community.

6.2 KPIs from Standardised policy

AH asks about the goal of the Stress congress, mentions that 20 companies and around 100–150 students may result in a high company-to-student ratio. This might result in dissatisfied companies because there will be less students per company. Maybe the number of companies should be adjusted down. **SB** will discuss this with the committee. **TE** adds that in case of more companies, the attendance goal of students can also be increased.

RG mentions to also focus on the attendees on training and cases, 10 people present here is very low. 15 companies on a fair with 150 people is okay.

7. Integration and Cohesion

7.1 Changes Standardised Policy

KA is missing how you are going to accomplish your mission in terms of events, because the only thing he sees is the idea to have more classes take place in Ravelijn, what other plans there are.

SJ mentions there are no additional events planned for this.

9 ICT

GS mentions he has not processed all the feedback received yet.

LK doesn't get the point about systems being poorly documented. There is a lot of documentation for it already. **GS** mentions that people do not understand how the code works, right now, everything generated with Claude depends on AI knowing what it is doing, and we know what the outcome should be. But we have no clue about the code itself, how safe it is, or security measures. **GS** proposes to let the code be checked by someone from Inter-Actief.

9.2 KPIs from Standardised policy & 9.3 SITcom

LJ asks how many people know what to do when something happens or brakes down. Is that only Lennard? **GS** mentions that only Job and Lennard know what to do in case something happens/breaks down with the help of Claude.

LJ points out that Job will not be here for a long time, Lennard will be less around Stress, and proposes creating a document explaining what to do if something breaks down before calling Lennard.

RS asks what the plans are to recruit 2-3 new members for the SITcom. She proposes to visit a programming lecture.

GS mentions that there is no plan yet.

RH mentions there was some interest at the committee market.

LK mentions that he and Job are currently members of the SITcom.

10 Other Plans

10.1 Stress room

LJ says that the board writes about active members as well to support the opening times of the Stress room and asks how far along the board is with setting this up.

CJ answers that they first want to see if the current pool is sufficient to cover the schedule. If needed, the board will add active members as well. However, more people in the group chat will make them feel less responsible.

LH wants to add that over the coming months, former board members will spend less time in the room due to their studies, or other things. So be on time with asking active members.

LJ asks if a document can be made in what is expected when opening and/or closing the Stress room and when you are responsible for the room.

11 Appendix

11.3 OGSM

LJ asks if the board has a goal in mind for the number of joint students/staff events that will be organised. **CJ** says there is no number attached, but that this number must be increased, and feasibility should be checked with the staff. More promotion is needed towards the staff.

LJ asks to add a number of events for a certain goal and to inform staff two months in advance for events.

RG asks what is considered as easy-to-join. **CJ** says an easily accessible event is, sometimes no sign-ups required or that the sign-ups are open till the event starts. Open for everyone. E.g. the ThuAD.

RG asks about the mixed composition of committees with un- and experienced people. For the people that are joining with more experience, is there a goal defined for them as well. **CJ** says that this depends on the committee. The goal is to have second year students start to chair committees and let first-years take over. If committees are considered easy, people can step back or join another more difficult committee. Case by case, no general policy.

16. Budget

16.1 Decisions

The budget is **approved**.

16.2 Budget Explanation

1. Preface

JO was wondering what was meant by “compared with the desired equity level of €50,000. This means that we should aim for a deficit in our budget”. **GS** says this should be removed.

LJ comes back about the discussion of upper- and lower bounds. **GS** proposes to remove all the upper bounds from the budget and from now on not include them anymore. And make a paragraph in the preface that the budget is a guideline.

LJ asks about any proposed changes beforehand. **GS** explains there were some things that didn't really get to the attention of Gershom, so there are three things that remain to be added: the compensation for international students doing a board year 2025-2026 (Kirvy), the costs of Sarah doing a board year will be on the budget of the board year 2027-2028. The symposium budget of €1500 will be included in the budget, and the Escalacie was not included yet. Instead of break-even this will result in a €5.655 deficit.

IN asks whether there will be a PartyCie this year. **JO** wants to propose to let the PartyCie make money, so give them a budget of net €0. **LJ** explains that we are now budgeting for minus €5000, for a normal budget it would be "hefty", however the experience is that committees don't spend their entire budget. And proposes to use the mid-year GMA to check if you are on track and if you reach a net result of €0.

2. Administrative Costs

2.1 Board costs

JO is in favor of giving the board more money, but they had a difficult time spending the €1400 with 6 full-time board members. Since 5 of your board members are part-time, how will you spend that? **GS** mentions that the costs of the pictures will remain the same. Sarah has higher travel costs. Therefore, it will stay the same.

2.2 GMA

LH asks that the budget explanation states it is €700, but the budget post states €800. **GS** explains it should be €800.

IN considers €800 quite high, and asks the 51st board if they arranged pizza which cost so much.

GS proposes to arrange “Bruin fruit”.

2.6 Contact advisory bodies

LH mentions the audit committee will be bigger and asks if that would be a reason to increase the budget. **GS** **GS** says they might increase it but does not think it will be necessary.

3. Organisational Costs

3.1 Smartphone

JO corrects that the smartphone costs are €7.02 per month, so €84 per year. **GS** will adjust this.

3.4 Representation

LH asks if it is correct that the table for the MBasement will fall under this post as well, and asks how much this table will cost. **GS** doesn't know this. **RG** said that it will be around €350 for the table.

3.7 Coffee and Tea

LJ asks if this should be adjusted given the earlier discussion, if it should be adjusted by €400 something shown on the slides earlier. **LK** mentions that this post has already increased in comparison to last year.

3.9 Subscriptions and Contributions

LH asks what Railway entails. **LK** explains that this is the hosting for the SSS and PPP and room software.

3.10 Payment terminals

JO suggests removing this as payment terminals will not be used anymore.

3.11 Board clothing and dinner reimbursement

LH mentions that the compensation for the suits is increased without an explanation, is considered sneaky, and asks for an explanation and why this was not announced to the GMA.

JO says that they tried to increase it as well last year and favors this. **LH** mentions it would be nice to include in the explanation that the amount is increased.

3.16 Graduation gifts

LH states that being active while graduating is not a requirement to receive a graduation gift. Only being active at some point during the period for which the gift is awarded. **GS** will alter the text.

JO is not sure how many graduation gifts are left and advises checking the current stock. **GS** will check the inventory.

4. Activity Costs

4.1 SportCie

AH says for the SportCie only €1500 is budgeted; the Bata alone was €2000 already. Asks if the board wants to budget for other events as well. **GS** says that the Bata is the main event of the SportCie, if the committee has other plans the budget can be increased.

4.2 StressTrip

LH asks what the plan is to budget per member, and what the goal is of members joining. **AH** answers that the goal is 50 members. **LJ** would like the current upper bound as their revised budget.

4.3 Freshmen committee.

JO mentions that last year they spent around €700 on the BBQ only and asks if this is the case this year as well. **MP** answers that the costs will be lower because a lot of meat was left over from the Kick-In. **IN** adds that according to him allocating the same budget to the MasterCie as the Freshmen committee is a bit strange, so proposes to increase their budget as this group

is also larger. **JO** proposes to reduce the budget of the MasterCie and increase the budget of the freshmen committee to around €1000. **IN** proposes to revise this at the end of the year. **JS** concludes that the budget of the Mastercie will be revised from €800 to €600 and the freshmen budget will be adjusted from €800 to €1.000.

4.4 Mastercie

LH mentions that the board wants to bind master students to Stress, while keeping the budget the same, and now you lower it. **LJ** thinks that the allocated budget is sufficient.

4.6 ConnecCie

LH asks to finish the sentence.

4.7 Active Member Appreciation

LH asks if this budget will still be sufficient given the the budget is now €1,300 lower than last year's spending. **GS** thinks so. **RH** asks if the budget is €1000 lower because less board members will be present and asks if it costs €1000 to be present at active member appreciation events. **GS** adds that committee outings are included here as well. **LJ** thinks €6000 is sufficient.

RG asks to improve the explanation of this post.

4.8 Active members Training

LH asks if the remaining budget besides the thank-you gifts for the trainers, is for the after drink only and if that is not a lot. 1.4 kegs with an upper bound of 2.3 kegs. **JO** mentions the €82.64 was not spent on the gifts for the trainers but for the training of the MediaCie. **CJ** mentions he has not notified Gershom about this, and explains that this will not be spent on drinks but on lunch.

4.11 Events committee

LH mentions the budget is now 1.5K below last year's spending and asks if this will be sufficient. **JO** says he organised an extravagant Christmas dinner last year and spent €3.000 on the Christmas dinner only.

4.13 KIDS (Kick-In Delegation Stress)

IN encourages to have the spending of KIDS around the allocated budget as it is an important event.

4.15 Board participation activities costs

LH says that according to your reasoning, should you not roughly budget the same as last year realized if you would do so much less events. Or was there another reason last year was lower? **JO** says this can be revised at the mid-year if necessary.

4.18 PR Committee

LH wants the budget to be €700. **GS** says it will be €700.

4.19 PilsCie

IN asks if the budget of the PilsCie can be increased so they can organise well attended theme drinks. **GS** will increase this to €750. **JO** mentions that last year they spent almost €500 on flugel Friday. **GS** says the budget will be adjusted to €750. **LK** thinks the budget of the PilsCie should at least be as high as the Escalacie.

4.20 End of the year BBQ

JO asks what organising it more efficiently means. **GS** says order less food. **LH** thinks that the current budget is 40% of last year spendings on the end of the year BBQ and asks if ordering less meat will result in this 60% cut in costs. **GS** proposes to increase the price of the event for example.

4.21 Winter kick-In

IN asks if the board will organise the winter Kick-In or an event yourself. **GS** there is no plan yet, but we have located a budget in case we want to organise something. **IN** discourages the board to put time into this as it is not worth it. **GS** says that if there is a nice idea and time the board will try to organise something during the master kick-in.

4.22 GalaCie

LH says that the budget is only 33% of last year's actual costs and asks if this will work out? What will Stress do if the other associations want to allocate more or less budget. **GS** hopes that other associations will match this budget; otherwise, the budget will be revised at the mid-year GMA. **LJ** asks whether revising the budget at the mid-year GMA would be too late. **GS** mentions that the budget is kept the same, and that the GMA will be informed at the mid-year if more money is needed.

4.24 WISCie

LH asks how the budget is €700 higher than last year spending of €2.3k if it is now organised on campus and not at an external location. And how much budget is planned to spend per first year student. **CJ** says that the goal is 50 attendees for the weekend, which results in more than €50 per first year. **LH** thinks that spending more than €50 per person is worth it. **RH** thinks this is a good alternative for the camp. **LJ** proposed to lower the budget for the WISCie next year and requests to critically reflect on the timing, and so on for the mid-year GMA.

4.25 Stress band

JO asks if someone knows how many people there are in the Stress band. **CJ** answers that as far as he knows 6 members. **JO** mentions that now the Union Card for band members will be reimbursed, which is also more than €50 per person and asks if we want to adjust this or not. **RS** adds that the reimbursement was initiated because it was difficult to find members for the stress band as joining this committee is expensive. **CJ** says that he will update the budget based on the last GMA decision. **JO** mentions that the decision was to reimburse the members of the band at the end of the academic year.

5. Other Costs

5.2 Depreciation

LH asks if the table can look a bit nicer.

8. Summary

GS The expenses will be €83.138, the income will remain the same. This results in a loss of €7.120 and adds that this is what we budgeted for, not realised yet.

LJ asks to hold off on any big office supplies or representation things until we know where committees like KIDS and WISCie end up. He trusts the board's judgement, but wants to prevent a loss of €7.000. **JS** adds that we will take the mid-year GMA as a point to steer by if necessary.

17. Charge

17.1 Decisions

- **JS, SDB, GS, CJ, SB and SJ** are charged as the 52nd Board of Study Association Stress.

18. Appointment of the Audit Committee

18.1 Decisions

- **RB, AH, LH, JO, MP, RH** are appointed to the new Audit Committee.

19. Question round

Previous boards and members congratulate the board by asking questions.

RG 49, **LJ** 50, **RB** a border, **LH** care babies, **TK** craft beers, **RS** shotgun, **LK** 51.

20. Closure

[GMA closed at 00:52]